



SUITE SAN MICHELE

BED & BREAKFAST



OUR PROPOSAL FOR BODY TREATMENT AND WELLNESS

Massages with oils:

Classical Swedish massage:

a relaxing and tonifying whole body massage that makes you feel relaxed and exalts your psychological and physical relaxation.

Acts on the lymphatic circulation, eliminates toxins and oxygenates the tissues of your body.

Time: about 60 min.
Price: 65,00 €

Decontractin massage:

this is a whole body massage which thanks to its technique brings elasticity of joints, muscle tone and fluency. The classic maneuvers are accompanied by stretching and acupressure.

Time: about 50 min.
Price: 65,00 €

Relaxing Massages:

deeply relaxes tense muscles and melt away stress.

Time: about 50 min.
Prezzo: 65,00 €

Invigorating Massage:

essential oils combined with specialized massage techniques encourage deep relaxation, but at the same time give a firm body, restoring the elasticity and awakening your vital energy.

Time: about 50 min.
Price: 65,00 €

Purifying and Draining Massage:

a classic European massage that reduces water retention and stimulates circulation, relaxes and loosens tense muscles at the same time.

Time: about 50 min.
Price: 65,00 €

Localized massages:

Face:

eliminates tension and gives elasticity and freshness to the skin with the addition of essential oils.

Time: about 15/20 min.
Price: 45,00 €

Hands and Feet:

eliminates tension, strengthens the joints and removes the feeling of heaviness.

Time: about 15/20 min.
Price: 45,00 €

Neck massage:

it includes a shoulder massage to ease the tensions, and the care of the cervical area.

Time: about 15/20 min.
Price: 45,00 €



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Skin and Body treatment:

Face:

for all types of skin Full facial treatment, including leaning, massage, moisturizing, revitalizing, toning or anti-aging, with mask, depending on the skin type.

Time: about 30 min.
Price: 75,00 €

Manicure:

a beauty treatment for the fingernails and hands, including cutting, cleaning and applying a protective glaze.

Time: about 30 min.
Price: 45,00 €

Pedicure:

a beauty treatment for the fingernails and feet, including cutting, cleaning and applying a protective glaze.

Time: about 30 min.
Price: 45,00 €

Bath:

Milk bath:

treatment based on fresh milk skin. You will be surrounded by a warm linen cloth dipped in milk and will rest on the couch thermo-heated with color therapy. The soothing properties of fresh milk will make your skin soft and velvety.

Time: about 45 min.
Price: 50,00 €

Wine bath:

skin treatment made with white wine. You will be wrapped in a linen cloth dipped in virgin white wine of the Chiana Valley. Perfect for reducing skin imperfections such as stretch marks, skin wrinkles and blemishes and treat cellulite. The main action is against aging of the skin but it is also significant anti-bacterial and antiviral properties.

Time: about 45 min.
Price: 50,00 €